

BJPG SAISON 2021-2022

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| LUNDI | 9H45-10H45 | REVEIL MUSCULAIRE ALLAN | |
| | 11H15-12H15 | ELITES | |
| | 12H15-13H30 | COMPETITION | |
| | 16H00-17H15 | ELITES | COMPETITION |
| | 17H15-18H00 | LOISIRS | DETECTIONS |
| MARDI | 6H45-8H00 | DETECTIONS | COMPETITION |
| | 8H00-8H45 | ELITES | |
| | 11H15-12H00 | ELITES | |
| | 13H00-14H00 | ELITES | COMPETITION |
| | 16H15-17H00 | ELITES | |
| | 17H15-18H00 | SOL PATINOIRE | |
| MERCREDI | 11H15-12H00 | ELITES | |
| | 12H00-12H45 | COMPETITION | DETECTIONS |
| | 16H00-17H00 | PPG ALLAN | |
| | 16H45-17H45 | LOISIRS | |
| JEUDI | 6H45-8H00 | DETECTIONS | COMPETITION |
| | 8H00-8H45 | ELITES | |
| | 11H15-12H00 | ELITES | |
| | 13H00-14H00 | ELITES | COMPETITION |
| | 18H30-19H30 | ELITES | COMPETITION |
| VENDREDI | 10H00-11H15 | ELITES | |
| | 11H15-12H00 | COMPETITION | |
| | 14H-15H | PPG ALLAN | |
| | 16H15-17H15 | ELITES | COMPETITION |
| | 17H15-18H00 | SOL PATINOIRE | |
| DIMANCHE | 20H00-21H00 | LOISIRS | DETECTIONS |
| | 21H00-22H00 | ELITES | COMPETITION |
| RAPPEL. | <i>Les téléphones portables sont interdits pendant les échauffements et sur piste</i> | | |
| ENCADREMENT BRIAN et CORNELIA | | | |
| Initiateurs diplômés: BF2 JOSHUA JEANNE SOPHIA | | | |
| ELITES | ECHAUFFEMENT 30MN AVANT CHAQUE ENTRAINEMENT | | |
| ELITES | ETIREMENTS 15MN APRES CHAQUE ENTRAINEMENT SEULS OU AVEC COACHES | | |